Caribbean Delights Telecommunications

Vincent HoSang Among National Awardees



aribbean Food Delights Chairman, Vincent Getchun HoSang is among hundred twenty-three (223)distinguished Jamaicans to receive national honors and awards in Jamaica on Heroes Day, October 19, 2015. HoSang is one of eight (8) who will be conferred with the Order of Jamaica (OJ), the country's fourth highest national honor. He is being honored for his philanthropic and dedicated service to Jamaica and the Jamaican Diaspora in New York.

The seven (7) other recipients are Dr. Glenford Christian, OD, invaluable contribution for Pharmaceutical Industry; Ambassador Derick Roy Heaven, CD, for distinguished service in the Public Sector and sterling leadership provided to the Sugar Industry; Professor Elsa Ann Leo-CD, outstandina Rhynie, for contribution Academia; to Reverend Dr Burchell Knibb CD, for distinguished Taylor, service in the field of Religion locally and internationally; Mr. Denis O'Brien (Honorary), for his sterling contribution to the

Industry in Jamaica; Reverend Father Louis Letellier Grenier, SJ, OD, for distinguished service to Religion, Education and Voluntary Service for more than 60 years; and Professor Graham Roger Serjeant, CD, for sterling contribution to Sickle Cell research, locally and internationally.

The remaining 115 recipients' awards include the Order of Distinction (in the rank of Commander (CD) and Officer (OD); the Medal of Honor for Meritorious Service; and the Badge of Honor for Meritorious and Long and Faithful Service.

Vincent HoSang UWI Entrepreneurship Program Gets USS60.000



Douglas Lindo (Faculty Advisor, Vincent HoSang UWI Venture Competition), Sabrina HoSang Jordan (COO, Caribbean Food Delights), Vincent HoSang (CEO, Caribbean Food Delights) and Michael Williams (Deputy Executive Director, Mona School of Business and Management)

Food aribbean Delights CEO, Vincent HoSana recently donated another \$60,000.00 to the University of the West Indies (UWI) for the advancement the Vincent of HoSang UWI Entrepreneurship Program.

The program named in his honor, launched the Annual Vincent HoSang Business Venture Competition at the Mona School of

Business & Management in Jamaica on Wednesday, September 16, 2015. The competition which is aimed to provide funding for young entrepreneurs to transform business models into successful businesses, is in its eleventh year and takes place on November 19 and 20.

In making his presentation, Dr. HoSang implored the young entrepreneurs to embrace the field of technology and to incorporate it in their areas of study. He said, "Technology is advancing and it is rapidly changing the way we communicate and the way companies conduct business globally."

Prizes for the competition are sponsored by corporate Jamaica and are awarded in Jamaican dollars with the winner receiving \$500,000, second place \$330,000 and third, \$220,000.

The Vincent HoSang Business Venture Competition is sponsored in part by the Mona School of Business, Jamaica Observer, Jamaica Yellow Pages, Jamaica National Small Business Loans, UHY Dawgen Chartered Accounts and the Development Bank of Jamaica.

CFD Supports United Way of Rockland Back-to-School Drive



CFD Chief Operating Officer, Sabrina HoSang Jordan hands over school supplies to the United Way of Rockland



Sabrina HoSang Jordan – A Leadership Rockland Graduate



Sabrina HoSang Jordan along with fellow graduates of Leadership Rockland.

In almost a year, Sabrina and her peers embarked on an indepth journey through Rockland County to understand its people, history, culture and lifestyle. Today, as Leadership Rockland graduates, they have forged synergic relationships to last a lifetime. Special thanks is given to

Leadership Rockland, the program that targets current or emerging leaders in Rockland County who are ready to gain more insight and to get more involved in the community. To get involved with Leadership Rockland visit: www.leadershiprockland.org.

RBWN Honors Women of Achievement



Left to Right: Patricia Stark, President of Patricia Stark Communications; Sabrina HoSang Jordan, COO of Caribbean Food Delights; Cameron Spears, President of Rockland Business Women's Network

the Rockland Business Women's Network (RBWN) their Inaugural Business **Breakfast** celebrated the achievement of three of its members, Sabrina HoSang Jordan, Chief Operating officer, Caribbean Food Delights, President, Stark Patricia Stark, Communications and Jill Executive Director Warner,

CEO, JAWONIO. The organization which focuses on leadership and professional development, lauded the honorees for their outstanding contribution to corporate Rockland. RBWN Scholarship recipients were also recognized at the event, which took place at the Crowne Plaza Hotel in Suffern, New York, on June 9, 2015. Guest speaker was Cynthia Greenawalt Founder, Sea Change Networking.



Special thanks to John Fanelli from Bank of America, who was

in attendance for this very special moment. He and his team's unwavering support have always been instrumental in the corporate growth and development of Caribbean Food Delights over the years.

Did You Know...

aribbean Food Delights was the first Jamaican patty manufacturer to introduce the microwaveable patties. The microwavable patties made its debut in club stores 20 years ago. Since then, distribution of our patties has increased to over 5,000 retailers worldwide!



Union of Jamaican Alumni Association Honors 25



Sabrina HoSang Jordan, Awardee. Photo by Ajamu Photography.

Union Jamaican •he of Alumni Association (UJAA) 25th celebrated its Anniversary honoring community leaders including Sabrina HoSang Jordan, who were selected from the fields of business, education, medicine, music, media, arts, theatre, fashion among others and five future leaders under the age The 25 honorees were of 35. recognized for their significant contribution to the development and enhancement of UJAA over the years at their Awards Dinner Gala held at Astoria World Manor, in Queens on September

UJAA's 25th Anniversary Gala was held under the patronage of the Consul General to New York, Herman G. LaMont. The keynote speaker was the Hon. Rev. Ronald G. Thwaites, Minister of Education in Jamaica.

The Vincent HoSang Family Foundation (VHFF) also donated \$1,500 to UJAA's mission.

The HoSangs among JAMCCAR Honorees



Left to Right: Suzanne Young-Mercer (President of JAMCCAR), Herman G. LaMont (Consul General of Jamaica to New York), Vincent & Jeanette HoSang, Sabrina HoSang Jordan and Damian HoSang and Sonia Tracey-McCallum (Past president and Life Member, JAMCCAR)

The Jamaican Civic & Cultural Association of Rockland (JAMCCAR) recently honored Dr. Vincent HoSang and family among others as part of their 25th Anniversary Celebration held at the Sheraton Hotel, Mahwah, New Jersey. The HoSangs were recognized for their invaluable contribute to JAMCCAR over the years. In return, the philanthropic family donated \$5000 to the organization's education fund.

Mustard Seed 25th Anniversary Luncheon



Sabrina HoSang Jordan on the runway at the Mustard Seed 25th Anniversary Luncheon Fashion Show where she was saluted for her generosity, friendship and numerous contributions to the growth and well-being of the Caribbean community. Designer: Ites International by Sequoia' Photo by Ajamu Photography

Proud and Free, Jamaica 53



Left to Right: Herman G. LaMont (Consul General of Jamaica to New York), Samuel Wright (President, Quality Auto Mall) accepted the award on behalf of his son, Jordan Wright; Awardees: Sacha Comrie and Tahira Francis, Paulette Willoughby (JICFI); Awardees: Sabrina HoSang Jordan, Yvonne Biggs Rubie, Paula Madison, Erin Lue-Hing, and Marlon Samuda

The Jamaica Independence Grand Ball which is held in New York to culminate the Jamaica Independence annual celebrations was a magnificent occasion this year. The event themed "Proud and Free, Jamaica 53" not only celebrated the country's achievements but, for the first time, recognized "young and gifted Jamaicans at home and of the diaspora as Future Leaders."

Annual Eating Contests



Left to right: Mr. HoSang; Joe Menchetti, first place winner of CFD's Patty Eating Contest and RCB's Bun & Cheese Eating Contest; Todd Greenwald, Chairman, All Pro Eating Promotions; David Brunelli, second place winner of RCB's Bun & Cheese Eating Contest and third place winner of CFD's Patty Eating Contest; Sabrina HoSang Jordan; William Millender, third place winner of RCB's Bun & Cheese Eating Contest; Damian HoSang. Not pictured: Wayne Algenio, second place winner of CFD's Patty Eating Contest.

Caribbean Food Delights Employee Appreciation BBQ



Royal Caribbean Bakery Employee Appreciation BBQ



Nutritional Health

LOSE TO WIN



Simone HoSang, Director of Nutrition & Food Science, Caribbean Food Delights and Denise Roma, MS, RDN, CDN, CDE, Community Health Educator, Nyack Hospital

n its continued efforts to foster health and wellness, Caribbean Food Delights (CFD) in association with the Nyack Hospital hosted another in a series of their Lose to Win Weight Loss Program at the company's headquarters in Tappan, NY in September.

The eight week program which was designed to improve employee wellness not just at the

workplace, but also to promote positive behavioral changes, was well received. Facilitated by CFD directors in recent months, the class was hosted by first time instructor, Simone HoSang, Director of Nutrition & Food Science.

HoSang said, "It was very encouraging to see how enthusiastic the employees were about the program." An advocate for healthy living, she has plans to incorporate various health and wellness tips not just during class sessions, but all year round.

Each week during the program, Simone made a healthy lunch for her class from some of her favorite recipes to demonstrate www.ChooseMyPlate.gov recommended guidelines on how to portion your plate. The idea was well received and each participant got to take home copies of the recipes to share with

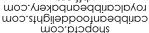
their families.

According to Denise Roma, Community Health Educator at Nyack Hospital who coordinates and collects data for each class, Simone's group lost a total of 20 pounds with the average weight loss per person being five pounds. The positive feedback from the participants included: creative healthy lunches provided, learned about healthy eating versus crash dieting, how to eat the right kind of food and proper exercise, very educational, helped me become more aware of how to control my eatina.

There will be another class held in the beginning of the new year to assist with employees' new weight loss resolutions. Dates of sessions will be announced in January 2016.



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