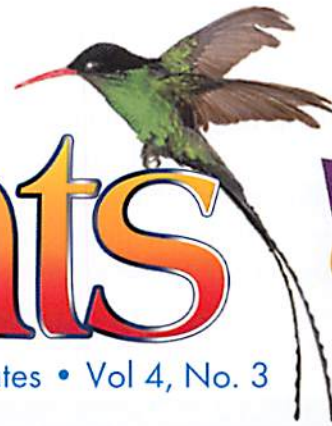


Caribbean

Delights



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Caribbean Food Delights School Tours



Schoolchildren are getting some food for thought when they tour the sprawling plant operated by Caribbean Food Delights.

The tours spark the youngsters' imagination, prompting "questions that are very general to specific," according to the company's Chief Operating Officer Sabrina HoSang.

"They want to know about food processing, about our jobs and about the different opportunities," Ms. HoSang said. "It's great for the children because they get to see how we make patties and how we run a business." Many of the students who come for a tour are in school programs that promote entrepreneurship and allow them to explore different companies to help them find what field they are passionate about.

The children come from schools and churches in the tri-state area and up to 50 students at a time are conducted through the Tappan, NY facility by Ms. HoSang herself. On occasion, though, the company's President and CEO Vincent HoSang will speak to the children to inspire them and give advice on how to become an entrepreneur.

The tours have been going on for more than 15 years and there are often repeat visitors.

"The word spreads fast," Ms. HoSang said. "The children are excited about it because sometimes they hear about it from their siblings or friends. One teacher told us it's one of the best field trips they take." And Ms. HoSang admitted she enjoys this part of her job because she "loves children."

The tours take between 1 ½ and two hours, depending on how many questions are asked. One of the more popular attractions is the giant 50,000-square-foot freezer on the site.

"The kids love to step inside to see how cool it is," Ms. HoSang said. "They are also fascinated by the machines and they are really amazed to know the machines can make up to 40,000 patties an hour."

And the children get treats at the end of the tour when they get a chance to sample some of the award-winning patties. Beef patties are the most requested while spinach and cheese patties are sought out by youngsters who are vegetarians.

But the youngsters do not eat and run.

At the end of the tours, the youngsters are given a little quiz to see if they were paying attention.

"They do very well on those questionnaires," said Ms. HoSang. The best scores are awarded and the children receive more patties to take home with them, so while the youngsters have full stomachs, they are not empty handed.

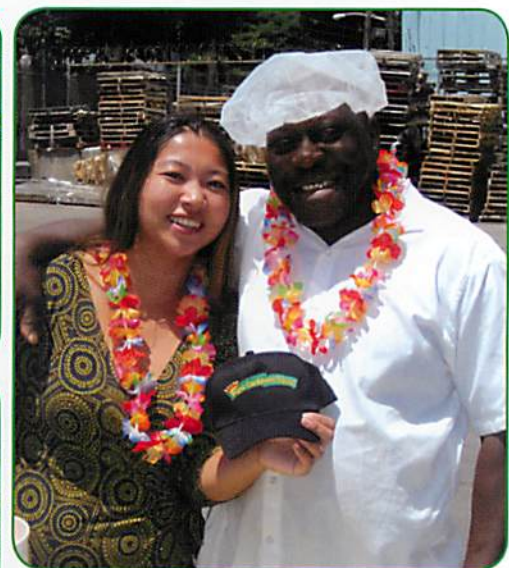
"I know the tours are successful when so many of the students are excited about becoming food technologists, entrepreneurs, marketing managers, accountants and production managers, all of which they have observed at our facility," said Ms. HoSang. "It's a wonderful feeling to know we have inspired them to achieve their dreams."



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Royal Caribbean Bakery *and* Caribbean Food Delights Annual Employee Appreciation BBQ

On June 8, 2010, Royal Caribbean Bakery hosted its Annual Employee Appreciation BBQ and on August 6, their affiliate, Caribbean Food Delights did the same. The theme of the BBQs was Hawaiian Luau and each employee received a flower lei. Management served delicious food and ran a raffle, which was one of the highlights of the BBQ. Employees won promotional items from the company and gift cards to various restaurants as their prizes. Mr. HoSang and Sabrina taught the employees how to do the Electric Slide. All of the employees enjoyed the BBQs and look forward to them every year. This is one of the many ways the companies show their appreciation to their employees who have helped make the company successful.



Caribbean Food Delights & Royal Caribbean Bakery Eating Contests

On July 11, 2010, Caribbean Food Delights and Royal Caribbean Bakery teamed up to draw huge crowds away from the World Cup soccer final when the companies staged their annual eating contests.

Hundreds of spectators snubbed the soccer match to cheer on contestants as they devoured popular Caribbean snacks in the ninth annual "Patty-Eating Contest" and the sixth annual "Bun-and-Cheese Eating Contest."

The two contests were held as part of the 13th annual Merritone Family Fun Day at Lake Quassy in Middlebury, CT. The competitive eaters got shouts of approval and applause from the crowd that chose to watch them rather than see Spain battle the Netherlands for the soccer championship on a big-screen TV nearby.

"The crowd was really excited," said Sabrina HoSang, the companies' chief operating officer. "It just gets better every year."

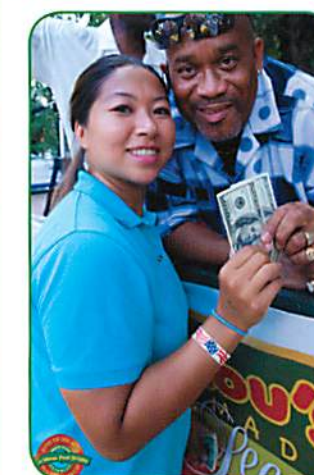
The winner of the patty contest was George Van Laar who gobbled down 12 five-ounce beef patties in seven minutes, 32 seconds. Second was Jon Taylor whose eating time was 9:02, and third was Pat Viviano who ate 10 patties in 10 minutes.

The bun-and-cheese eating contest winner was Joel Podelsky who finished eight of the five-ounce sandwiches in four minutes, 43 seconds. Second was Mike Longo with a time of 5:30, and third was Andre Wanliss with a time of 9:25.

First place winners took home \$400 each. Second place was worth \$200 and third place finishers won \$100.

The contests' winners weren't the only ones to take home prizes. Caribbean Food Delights and Royal Caribbean Bakery also staged a "Customer Appreciation Raffle" in which 10 lucky people walked away with \$200 each after picking up their free tickets from the companies' retail outlets. The companies also gave away lunch bags and tee shirts.

"It was a great day," declared Ms. HoSang. "It was a lot of work for us, but we're very pleased that everyone had a great time."



OCULAR HEALTH ADVICE

Cataract: A reversible cause of blindness

WHAT IS A CATARACT? Cataracts are a natural aging which occurs in the lens of our eyes. It is the clouding of the lens.

WHEN DO CATARACTS START? Typically, an age related cataract starts to form during the 5th decade of life. They can also form from birth due to certain infections during pregnancy.

WHAT THINGS CAN INDUCE EARLY CATARACTS? Smoking, Diabetes, longterm use of steroids can all cause cataracts to form earlier in life.

HOW DO I KNOW IF I HAVE A CATARACT? The most frequent symptom of cataracts is glare. This could be in the sunlight, or at night when looking directly at an on-coming cars' headlights. Dimming of vision or foggy vision are other symptoms of cataracts.

WHAT IS THE TREATMENT FOR CATARACTS? When cataracts grow large enough to decrease your vision, the definitive treatment is surgical removal.

IS THE TREATMENT FOR CATARACTS DONE WITH LASER? At present this is not the technique used to remove cataracts. Currently cataracts are removed surgically with an ultrasound/vacuum process called phacoemulsification. A clear acrylic lens implant is then inserted into the eye.

DO I HAVE TO WEAR THICK GLASSES AFTER SURGERY? The majority of patients who have surgery may only need glasses to read. Due to advances in technology implanted lenses can allow patients to see distance and near without glasses.

Can a cataract be dangerous to my life? Cataracts, if large enough, can contribute to acute glaucoma (sudden

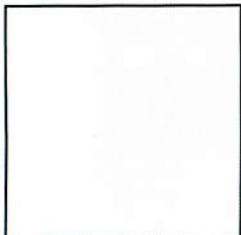
increase in eye pressure) which will cause sudden eye pain, headaches, and vomiting. Cataracts have been shown to contribute to falls in the elderly population.

What can I do to prevent a cataract? Since cataracts are a natural process of aging, they are inevitable. It has been shown that eating healthy foods and foods with antioxidants may prolong the rate of progression of cataracts.

If you feel that you may have a cataract or know someone who is visually impaired contact your local ophthalmologist.



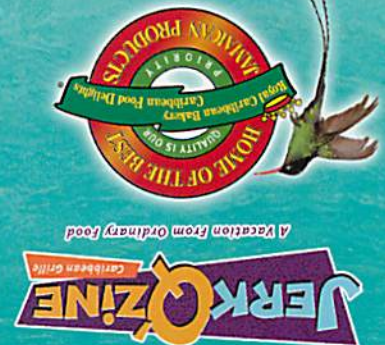
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